

SPORTS – Mr. Adam French, AD

Fall Sports:

Girls Cross Country
Boys Cross Country
Fall Spirit
Football
Field Hockey
Golf
PickleBall
Girls Soccer
Boys Soccer
Girls Volleyball
Unified Soccer

Winter Sports:

Alpine Ski
Girls Basketball
Boys Basketball
Bowling
Gymnastics
Ice Hockey
Girls Indoor Track
Boys Indoor Track
Winter Spirit
Swimming
Unified Basketball
Wrestling

Spring Sports:

Baseball
Boys Lacrosse
Girls Lacrosse
Softball
Boys Spring Track
Girls Spring Track
Tennis
Unified Track and Field
Volleyball

Updated 6.18.25 SB

Merrimack High School

38 McElwain Street
Merrimack, NH 03054

Office Hours: 7 AM – 3 PM
School Hours: 7:30 AM – 2:30 PM

Principal: Mr. Stephen Claire
Admin to Mr. Claire – Mrs. Peyton
Chanin.Peyton@sau26.org

Assistant Principal: Mrs. Jill Hanlon
Admin to Mrs. Hanlon – Ms. Baron
Stephanie.Baron@sau26.org

Assistant Principal: Mr. Shane Rozamus
Admin to Mr. Rozamus – Mrs. Clark
Julie.Clark@sau26.org

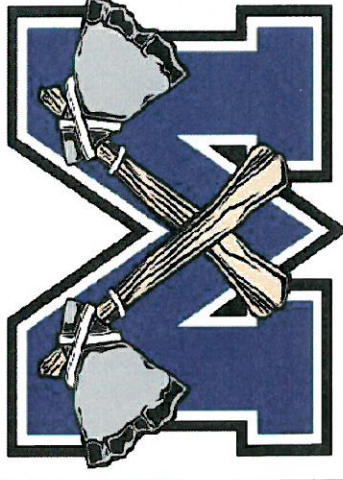
Athletic Director: Mr. Adam French
Admin to Mr. French – Mrs. Phillips
Nancy.Phillips@sau26.org

Contact Us

Phone: 603-424-6204
FAX: 603-424-6230
Web: <https://www.sau26.org/mhs>



**Merrimack High
School Student
Activities**



**Merrimack High
School Student
Activities**

CLUBS

- Anime Club
- Badminton
- Best Buddies
- Book Club
- Broadcast Club
- Camera Club
- Chess Club
- Color Guard
- Creative Writing Club
- Dance Team Club
- DECA
- Envirothon
- F.I.R.S.T. Robotics Club
- Film Art Society
- FinLit300 (Life Smarts)
- Future Business Leaders of America
- Garden Club
- Granite State Challenge/Quiz Bowl
- GSA
- Homework Club
- Instrumental Music/Jazz
- Interact
- Life of An Athlete
- Marching Band
- Math Club
- Model UN Program
- Morgan's Message
- Model UN Program
- Musical Theatre
- National Art Honor Society



- National Business Honor Society
- National French Honor Society
- National History Day Club
- National Honor Society
- National Math Honor Society
- National Science Honor Society
- National Spanish Honor Society
- Newspaper (The Hawk)
- NH Scholars
- Outing Club
- Photography Magazine
- Pickleball
- Random Acts of Kindness
- SADD
- Science Olympiad
- Sci-Fi Club
- Senior Service Day
- Skateboard Club
- Ski/Snowboard Club
- Spilt Ink Publication Club
- Strength & Conditioning
- Student Council
- Students for Cultural Equality
- Theatre Club
- Tri-M Music Honor Society
- Weightlifting
- What's Up Merrimack
- Yarn Enthusiasts
- Yearbook Club

These are only some of the clubs available to a student at MHS. As your child embarks on their high school career, please take the time to have them think seriously about becoming involved in one of the many clubs and activities that are offered at Merrimack High School. Students are encouraged to express their ideas for new clubs. Studies have shown that students who participate in activities have higher grade point averages, fewer discipline problems, better attendance rates, and greater connection to school. Being involved in a school club builds self-confidence and will enhance a student's ability to deal with competitive situations later in life.

Club Advisors and descriptions can be found on the Merrimack High School web page under STUDENTS. Don't see a club you are interested in listed? See Mrs. Hanlon.



We realize the importance of being involved in a school activity but also stress the importance of fulfilling academic requirements. If a student is struggling in a class(es) they should immediately seek help from their advisor, assistant principal, or guidance counselor.